Internship Summary
Agnesian HealthCare’s Doctoral Psychology Internship is located primarily in Fond du Lac, Wisconsin. Interns at Agnesian HealthCare work with children, adolescents and adults diverse in diagnosis and socio-economic status. The Behavioral Health Services department provides services to the community with both outpatient and inpatient care. Over the course of one year and three rotations, interns will develop expertise in individual, group and family therapy. They will become proficient in skills related to differential diagnosis and assessment; creating and maintaining a treatment plan with measurable goals; appropriate interventions specific to each patient; risk and crisis management; collaboration with other professionals in team consultation meetings; design and facilitation of psychoeducational and psychotherapy groups; and integration of research into practice. Time for personal research and dissertation completion can be negotiated. Outcome research is ongoing and interns are able to be involved in that capacity. Interns will complete psychological testing on an inpatient and outpatient basis under the supervision of a licensed neuropsychologist.

Accreditation Status
Agnesian HealthCare’s Doctoral Internship is not currently accredited by the APA. Questions related to the program’s accredited status should be directed to the Commission on Accreditation:
Office of Program Consultation and Accreditation
American Psychological Association, 750 1st Street, NE, Washington, DC 20002
Phone: (202) 336-5979 • E-mail: apaaccred@apa.org

All other questions about the internship program may be directed to Evelyn Schaefer, PsyD, Agnesian HealthCare Behavioral Health Services, Training Coordinator, at schaefere@agnesian.com or (920) 926-4355.

APPIC Membership Status
Agnesian HealthCare is a participating member of APPIC.

About Agnesian HealthCare Behavioral Health Services
Agnesian HealthCare Behavioral Health Services is comprised of a highly-trained team of multi-disciplinary professionals including psychologists, psychiatrists, psychotherapists, nurses, family therapists, social workers, an addictionologist and certified AODA counselors, who provide evaluation and therapy to people whose behavior, thoughts and feelings have become disruptive to their everyday functioning. Individual, marital, family and group therapy is available for a variety of mental health concerns including: depression, adjustment to trauma, anxiety and stress management, autism spectrum disorders, eating disorders, health issues related to headaches and chronic pain, anger management, child, adolescent and adult behavioral disorders, academic difficulties, and relationship issues. Inpatient mental health services include crisis observation, short-term care and acute psychiatric care for adults and adolescents (age 17 and older). Additional programs include inpatient and outpatient addiction treatment, an autism center and a pro-bono domestic violence program.

Training Locations
Training is conducted in three primary outpatient facilities located in Fond du Lac and Beaver Dam. Interns will also have the opportunity to work in various community-based programs within Fond du Lac. Outpatient facilities include:

St. Agnes Hospital is the main training site for Doctoral Interns. Comprising the fifth floor of the Diagnostic & Treatment Center, our Behavioral Health Services department provides both inpatient and outpatient services. St. Agnes Hospital has long been recognized as a leader in providing quality care for members of our community with psychological and addictive concerns. Our highly-trained team of professionals includes psychiatrists, addictionologist, psychologists, psychotherapists, nurses, family...
therapists, social workers, and certified alcohol and other drug abuse (AODA) counselors. These professionals work together to serve children, adolescents, adults, couples and families.

430 E. Division Street, Fond du Lac, WI 54935 • (920) 926-4200

**Doll & Associates**, part of Agnesian HealthCare Behavioral Health Services, is a state-certified outpatient mental health clinic offering a wide variety of counseling, assessment and consulting services in a comfortable and confidential setting. Interns may be placed here one day per week if their interests align with those of supervisory staff.

40 Camelot Drive, Fond du Lac, WI 54935 • (920) 907-8201

**Psychiatric Associates**, part of Agnesian HealthCare Behavioral Health Services, is an outpatient mental health clinic located 30 miles west of Fond du Lac. Services offered include counseling, assessment and medication management. Interns may be placed here one day per week if their interests align with those of supervisory staff.

200 Front Street, Beaver Dam, WI 53916 • (920) 885-2780

**Program Structure and Intern Experience**

Interns will have a full-time position, working approximately 40 to 44 hours a week for 12 consecutive months beginning and ending in September. The start date for the 2016-2017 cohort will be September 6, 2016. Interns specialize in one of two areas: Trauma or Child/Adolescent. If a concentration is chosen, interns will be matched with a concentration-specific supervisor and will be availed of a clinical population that will enable their growth in the chosen area. Interns will cycle through three rotations for the duration of four months each in addition to their regular, ongoing caseload. They will experience rotations including health psychology, AODA inpatient and outpatient, and an autism clinic. During rotations, interns will spend time at locations outside St. Agnes Hospital, including Doll & Associates (located in Fond du Lac), Psychiatric Associates (located in Beaver Dam) and other community sites.

**Sample Schedule***

<table>
<thead>
<tr>
<th>Hours</th>
<th>Direct Services</th>
<th>Education</th>
<th>Individual Therapy</th>
<th>8</th>
<th>Peer consultation</th>
<th>1-2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Therapy</td>
<td>2</td>
<td>Seminars</td>
<td>2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Family/Couples Therapy</td>
<td>1-2</td>
<td>Total Education</td>
<td>3-4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diagnostic Interviews/Assessments</td>
<td>2</td>
<td>Indirect Services</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psychological Testing/Report Writing</td>
<td>4</td>
<td>Documentation/Reports</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Direct Services</td>
<td>18</td>
<td>Research/Dissertation</td>
<td>2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Supervision</td>
<td></td>
<td>Program Development</td>
<td>3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Individual Supervision</td>
<td>2</td>
<td>Total Indirect Services</td>
<td>10</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Group Supervision</td>
<td>2</td>
<td>Rotation</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Supervision</td>
<td>4</td>
<td>Group/Individual Therapy</td>
<td>4-6</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Consultation/Supervision</td>
<td></td>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Rotation</td>
<td></td>
<td>6-8</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Internship hours weekly</td>
<td></td>
<td>40-44</td>
<td></td>
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</tr>
</tbody>
</table>

*Experience and total hours are likely to have some variation on an individual basis.*
Supervision and Evaluation

Each intern receives supervision and support from multiple professionals. Interns will be matched with a primary supervisor, specific to their chosen concentration if applicable, and receive supervision from other psychologists at their outpatient site and during rotations. Interns’ overall strengths and areas for growth will be evaluated at the beginning, middle and end of their year-long experience. Additionally, interns will be evaluated after each individual rotation. Throughout each rotation, interns will have the opportunity to provide feedback during supervision sessions. Interns will also complete a formal evaluation biannually. The first person to review the evaluation is a psychologist that is not an associate of Agnesian HealthCare and will use this information to advise the internship training committee and enhance the overall program.

Stipend, Benefits and Resources

Interns will receive $25,100 per year (paid at hourly rate of $12.55/hour) plus benefits full benefits of an Agnesian HealthCare associate for the year. Interns accrue paid time off (PTO) and can access this benefit after 90 days of employment. PTO is used for sick days, holidays and vacation time. Interns will have one week of vacation time with additional time negotiable for dissertation defense. Any unused PTO will be paid out at end of internship.

Interns have shared primary office space with individual desktop computers, telephones, voice mail and storage. Multiple consultation rooms for treating patients are shared utilizing a computer based scheduling system. Interns utilize a computerized medical record and scheduling system with full administrative and IT support. Interns are availed of all the support services of Agnesian HealthCare, including public relations, marketing, printing services and a health resource center.

Seminars

In addition to educational experiences from each rotation experience, there will be two hours of educational seminars held weekly. This educational series is delivered by staff and area volunteers. A list of sample topics is provided below.

- Treating Chronic Pain
- Alcohol and Drug Addiction as Lifestyle Related Health Problems
- Mental Health Law
- Substitute Decision Making
- Marital Therapy
- Mental Health & Older Adults
- Family Systems
- Complex PTSD
- Axis II - Diagnosis and Treatment
- Perinatal Loss
- Professional Development Series
- Diversity - Developing a Wide World View
- Licensure 101
- DBT Skills Training
- Anger Management
- Therapy with Men
- Childhood Trauma
- Elimination Disorders
- Child/Adolescent Sleep Issues
- Psychopharmacology
- Gestalt Therapy
- Blended Family Issues
- Assessment and Intervention of the Suicidal Patient
- Neuropsychology Series
- Differential Diagnosis
- Legal Issues - Guardianship
- Medical Conditions & Cognition
- Malingering
- Domestic Violence Advocacy
- Offender Treatment
- Domestic Violence Screening & Referral
- Power & Violence Cycle
- Autism
- Special Populations - LGBT
- AODA Assessment and Treatment
- Assessing Fire Setting Behaviors
- Diversity: Urban to Rural Migration

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Child/Adolescent Anger Management
Mandated Reporting
Family Therapy
Third Party Billing
Risk Assessment
Administration
Psychology and Physical Rehabilitation

Hair pulling and Picking Disorders
Dissociative Identity Disorder
Parenting Teens
Private Practice 101
Eating Disorders
Grief Counseling/Hospice Work
WRAP plan and coping skills

Interns may also attend Medical Staff educational offerings and seminars specific to rotations (e.g. cancer conference during Health Psychology rotation). In addition, a monthly assessment seminar is conducted by various clinicians to highlight comprehensive and ethical assessment practices.

Internship Training Staff
Sarah Arnold, PsyD, Doll & Associates, Fond du Lac
Nancy Goranson, PhD, St. Agnes Hospital, Fond du Lac
Beth Rogers-Doll, PhD, Doll & Associates, Fond du Lac
Jim Salasek, PhD, St. Agnes Hospital, Fond du Lac — Director of Behavioral Health Services
Evelyn Schaefer, PsyD, St. Agnes Hospital, Fond du Lac — Training Coordinator
Jennifer Specht, PhD, St. Agnes Hospital, Fond du Lac
Wendy Upadhyay, PsyD, Psychiatric Associates, Beaver Dam
Espen Klausen, PhD, Fond du Lac County — External Advisor

Application Process and Requirements
Two full-time positions are available for the 2016-2017 cycle. Application materials are submitted through the AAPI online application portal (https://portal.appicas.org). Required materials for applicants are as follows:

• Completed AAPI online application (program code 226111)
• Cover letter (part of online AAPI)
• Curriculum vitae (part of online AAPI)
• Three letters of recommendation, two of which must be from people who have directly supervised your clinical work (part of online AAPI)
• Official transcripts of all graduate coursework (part of online AAPI)
• Supplemental materials (part of online AAPI)
• Example of an integrated assessment report (please redact appropriately)
• Additional requirements from Agnesian HealthCare (upon employment)
• CPR certification
• Background check
• Tuberculosis test
• Influenza vaccine
Contact Information
Evelyn Schaefer, PsyD - Coordinator of Training
St. Agnes Hospital, Outpatient Behavioral Health Services
430 E. Division Street
Fond du Lac, WI 54935
(920) 926-4355
E-mail: schaeferes@agnesian.com

Intern Expectations
The Agnesian HealthCare Doctoral Internship is a year-long, full-time experience. Interns are expected to complete a minimum of 2,000 hours of training during the year. Interns are also expected to achieve the goals and objectives of the training program, as stated below, and to abide by the APA Code of Ethics, the requirements of the training program, and the policies and procedures of their employer, Agnesian HealthCare.

Internship Mission Statement
Following a practitioner-scholar model, doctoral psychology interns in our program will be competent to practice autonomously in their future roles as licensed psychologists providing compassionate care to all persons at every stage of life.

Training Objectives
• Psychology interns demonstrate an excellent ability to identify ethical issues as they arise, consult with colleagues as a matter of course and maintain an ethical stance at all times.
• Psychology interns demonstrate receptivity to receiving supervision and competency using it to implement changes in their practice. Psychology interns will demonstrate awareness of their own strengths and weaknesses and show signs of addressing areas of weakness.
• Psychology interns demonstrate proficiency in developing rapport with diverse clientele, and sensitivity to individual and cultural differences.
• Psychology interns demonstrate solid skill in using their preferred theoretical orientation, in combination with evidenced based interventions, to conceptualize cases, develop treatment goals, and to devise and implement interventions.
• Psychology interns display proficiency in collaborating with clients, assisting clients in crisis intervention and maintaining client confidentiality.
• Psychology interns demonstrate respect for and partnership in working with other professionals, treatment teams, peers and support staff at all times.
• Psychology interns demonstrate excellent competency in selecting, performing, interpreting and reporting results of evidence-based assessments.
• Psychology interns demonstrate appropriate knowledge, skills and attitudes to make informed use of scientific methods and findings in all professional roles.
• Psychology interns demonstrate positive coping strategies to manage personal and job-related stress to maintain professional functioning, so that quality client care continues uninterrupted. Psychology interns will cope effectively with professional challenges and crises with clientele.
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About Agnesian HealthCare

History
Agnesian HealthCare began with the visionary leadership of Mother Agnes Hazotte, first general superior of the Congregation of Sisters of St. Agnes. Understanding the need for healthcare services in this region, Mother Agnes made a commitment to open a hospital in Fond du Lac and provide the necessary resources to help improve the overall health and well-being of area communities. Building upon the healing mission of Jesus, St. Agnes Hospital was originally dedicated on June 23, 1896. Mother Agnes’ legacy continues today through Agnesian HealthCare.

Sponsored by the Congregation of the Sisters of St. Agnes, Agnesian HealthCare is comprised of Agnesian HealthCare Enterprises, Consultants Laboratory, Fond du Lac Regional Clinic, Ripon Medical Center, St. Agnes Hospital, St. Francis Home and Waupun Memorial Hospital.

Mission
Our ministries are intimately tied to the communities that surround them. We live in tightly knit, family-oriented communities, which are reflected in our family-like work environment; and our friends and neighbors are in better health because of this commitment. The mission of Agnesian HealthCare provides compassionate care that brings Hope, Health & Wholeness to those we serve by honoring the sacredness and dignity of all persons at every stage of life. This mission guides everything we do as an organization.

Values
We are rooted in the healing ministry of the Catholic Church as we continue the mission of our sponsor, the Congregation of Sisters of St. Agnes. We emphasize the following values:

<table>
<thead>
<tr>
<th>Honesty</th>
<th>Excellence</th>
<th>Compassion</th>
<th>Respect</th>
<th>Stewardship</th>
</tr>
</thead>
</table>

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