



Waupun Memorial Café

Week of August 6th

Monday

BREAKFAST: **MADE TO ORDER WAFFLES**
SOUPS: **CHICKEN NOODLE – CHEESY VEGETABLE**
FEATURE: **SPICY CAULIFLOWER WRAP**
SIDES: **POTATO WEDGES**
FLAME ROASTED CORN
SPECIALTY SANDWICH: **BYO BURGER BAR**
DESSERT: **PEANUT BUTTER BARS**

Tuesday

BREAKFAST: **SAUSAGE EGG AND CHEESE BAGEL**
SOUPS: **VEGETABLE BARLEY – TURKEY & BLACK BEAN CHILI**
FEATURE: **BUILD YOUR OWN CHICKEN BURRITO**
SIDES: **SPANISH RICE/BROCCOLI**
PANINI: **GRILLED TURKEY AND APPLE**
SPECIALTY SANDWICH: **BBQ PULLED PORK**
DESSERT: **Banana Poke Cake**

Wednesday

BREAKFAST: **CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN**
SOUPS: **FRENCH ONION – RED POTATO CHEDDAR**
FEATURE: **SHRIMP SCAMPI**
BYO SALAD BAR
SIDES: **POTATO WEDGES**
CAULIFLOWER RISOTTO
SPECIALTY SANDWICH: **MONTEREY CHICKEN SANDWICH**
DESSERT: **HEAVENLY BARS**

Thursday

BREAKFAST: **APPLE RAISIN FRENCH TOAST STRATA**
SOUPS: **CHICKEN DUMPLING – BEEF MUSHROOM BARLEY**
FEATURE: **POT ROAST**
SIDES: **MASHED POTATOES**
ROASTED CARROTS
SPECIALTY SANDWICH: **TERIYAKI TURKEY BURGER**
DESSERT: **CHEESE CAKE**



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Friday

BREAKFAST: **SCRAMBLED EGGS WITH HAM AND CHEESE**
SOUPS: **TOMATO BASIL - TURKEY FLORENTINE**
FEATURE: **CHICKEN ASPARAGUS PENNE**
SIDES: **SAVORY APPLE BISCUIT**
RIVIERA BLEND
SPECIALTY SANDWICH: **GROWN UP GRILLED CHEESE**
DESSERT: **PISTACHIO TORTE**

Saturday

SOUPS: **COOK'S CHOICE**
FEATURE: **HOT SANDWICH OF THE DAY**
PIZZA: **PEPPERONI**

Sunday

SOUPS: **COOK'S CHOICE**
FEATURE: **HOT SANDWICH OF THE DAY**
SIDES: **POTATO WEDGES**

Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(With breakfast 7:30 a.m. to 10 a.m.)

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

Nutrition and Food Service Supervisor: **Rosanne Wetzel**
Nutrition and Food service Director: **Donna Van Buren**



KNOW YOUR COLORS

GREEN
Good choice! Eat plenty of these foods.

YELLOW
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RED
Rarely eat these foods.

Waupun Memorial Café

Week of August 13th

Monday

BREAKFAST:
SOUPS:
FEATURE:
SIDES:

SAUSAGE EGG AND CHEESE BAGEL
ITALIAN WEDDING - CHICKEN POT PIE
BAKED POTATO BAR
BROCCOLI FLORETS
BAKED POTATO
CHICKEN BRUSCHETTA SANDWICH
PRETZEL TORTE

*Note: The Baked Potato Bar color is dependent on the toppings you select.

SPECIALTY SANDWICH:
DESSERT:

Tuesday

BREAKFAST:
SOUPS:
FEATURE:
SIDES:
SPECIALTY SANDWICH:
DESSERT:

HAM AND VEGGIE STRATA
BEEF NOODLE - CHICKEN ENCHILADA
SWEET N SOUR CHICKEN
CHICKEN FRIED RICE /SUGAR SNAP PEAS
ITALIAN MEATBALL SUB
CHOCOLATE DESSERT

Wednesday

BREAKFAST:
SOUPS:
FEATURE:
PANINI:
SIDES:
DESSERT:

BACON EGG AND CHEESE BISCUIT
WISCONSIN CHILI - BROCCOLI CHEESE
HONEY CASHEW SALMON
WMH CLASSIC
VEGETABLE COUSCOUS/YELLOW SQUASH
MINT BROWNIE

Thursday

BREAKFAST:
SOUPS:
FEATURE:
SIDES:

CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN
CHICKEN NOODLE - OLD FASHIONED BEAN w/HAM
BEEF LONDON BROIL
RED SKIN MASHED POTATOES
CAULIFLOWER **BYO SALAD BAR**
SUPREME
CHOCOLATE CHIP COOKIE BARS

PERSONAL PIZZA:
DESSERT:



KNOW YOUR COLORS

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YELLOW

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RED

Rarely eat these foods.

Friday

Breakfast : Scrambled Eggs with Sausage and Cheese
Soups: Vegan Lentil/ Creamy Swiss Onion
FEATURE: BYO CHILI BAR
SIDES CORNBREAD MUFFIN/ WHOLE GREEN BEANS
SPECIALTY SANDWICH BEER BATTERED FISH SANDWICH
DESSERTS: NUTTY PUMPKIN CRUMBLE

Saturday

SOUPS: COOK'S CHOICE
FEATURE: HOT SANDWICH OF THE DAY
SIDES: SWEET POTATO WAFFLE FRIES

Sunday

SOUPS: COOK'S CHOICE
FEATURE: HOT SANDWICH OF THE DAY
SIDES: FRENCH FRIES

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