



# KNOW YOUR COLORS

**GREEN**  
*Good choice! Eat plenty of these foods.*

**YELLOW**  
*Eat these foods in moderation.*

**RED**  
*Rarely eat these foods.*

**Week of 7/9/18**

**Waupun Memorial Café**

## Monday

**BREAKFAST:**

**SAUSAGE EGG AND CHEESE BAGEL**

**SOUPS:**

**ITALIAN WEDDING - CHICKEN POT PIE**

**FEATURE:**

**BAKED POTATO BAR**

**SIDES:**

**BROCCOLI FLORETS**

**BAKED POTATO**

**SPECIALTY SANDWICH:**

**CHICKEN BRUSCHETTA**

**DESSERT:**

**PRETZEL TORTE**

\*Note: The Baked Potato Bar color is dependent on the toppings you select.

## Tuesday

**BREAKFAST:**

**BREAKFAST HASH & SCONES**

**SOUPS:**

**BEEF NOODLE - CHICKEN ENCHILADA**

**FEATURE:**

**SWEET N SOUR CHICKEN**

**SIDES:**

**CHICKEN FRIED RICE/SUGAR SNAP PEAS**

**SPECIALTY SANDWICH:**

**ITALIAN MEATBALL SUB**

**DESSERT:**

**CHOCOLATE DESSERT**

## Wednesday

**BREAKFAST:**

**BACON EGG AND CHEESE BISCUIT**

**SOUPS:**

**WISCONSIN CHILI - BROCCOLI CHEESE**

**FEATURE:**

**HONEY CASHEW SALMON**

**SIDES:**

**VEGETABLE COUSCOUS/YELLOW SQUASH**

**PANINI:**

**WMH CLASSIC**

**DESSERT:**

**MINT BROWNIE**

## Thursday

**BREAKFAST:**

**CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN**

**SOUPS:**

**CHICKEN NOODLE - OLD FASHIONED BEAN W/HAM**

**FEATURE:**

**BEEF LONDON BROIL**

**SIDES:**

**RED SKIN MASHED POTATOES**

**BYO SALAD BAR**

**CAULIFLOWER**

**PERSONAL PIZZA:**

**SUPREME**

**DESSERT:**

**CHOCOLATE CHIP COOKIE BARS**



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## Waupun Memorial Café

### Friday

Breakfast: Scrambled Eggs with Sausage and Cheese  
Soups: Vegan Lentil/ Creamy Swiss Onion  
FEATURE: BYO CHILI BAR  
SIDES: CORNBREAD MUFFIN/ WHOLE GREEN BEANS  
SPECIALTY SANDWICH: BEER BATTERED FISH SANDWICH  
DESSERTS: NUTTY PUMPKIN CRUMBLE

### Saturday

SOUPS: COOK'S CHOICE  
FEATURE: HOT SANDWICH OF THE DAY  
SIDES: SWEET POTATO WAFFLE FRIES

### Sunday

SOUPS: COOK'S CHOICE  
FEATURE: HOT SANDWICH OF THE DAY  
SIDES: FRENCH FRIES

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.  
(with breakfast 7:30 a.m. to 10 a.m.)*

**Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.**

*Nutrition and Food Service Supervisor: Rosanne Wetzel  
Nutrition and Food Service Director: Donna Van Buren*



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## Waupun Memorial Café Week of 7/16/18

### Monday

**BREAKFAST:** SCRAMBLED EGGS WITH BACON AND CHEESE  
**SOUPS:** SPLIT PEA - CHICKEN ROSÉ MARINA  
**FEATURE:** BYO TACO SALAD  
**SIDES:** SPANISH RICE  
REFRIED BEANS  
**SPECIALTY SANDWICH:** VEGGIE BURGER  
**DESSERT:** SCOTCHAROOS

\*Note: The Taco Salad color is dependent on the toppings you select.

### Tuesday

**BREAKFAST:** CANADIAN BACON EGG AND CHEESE BAGEL  
**SOUPS:** TASTE LIKE LASAGNA - TURKEY VEGETABLE BARLEY  
**FEATURE:** SWISS BAKED CHICKEN  
**SIDES:** MASHED POTATOES/MALIBU BLEND VEGETABLES  
**PANINI:** BAJA CHICKEN  
**DESSERT:** STRAWBERRY SHORTCAKE

### Wednesday

**BREAKFAST:** BREAKFAST PIZZA  
**SOUPS:** CHICKEN DUMPLING - CHEESEBURGER CHOWDER  
**FEATURE:** MONGOLIAN STIR FRY  
**SIDES:** STEAMED RICE  
ROASTED ZUCCHINI  
**PIZZA:** PEPPERONI  
**DESSERT:** 7 LAYER BARS

### Thursday

**BREAKFAST:** MADE TO ORDER OMELET  
**SOUPS:** CHICKEN CHILI VERDE - BEEF BARLEY  
**FEATURE:** MEAT LASAGNA  
**SIDES:** PARMESAN GARLIC BREAD  
ASPARAGUS SPEARS  
**SPECIALTY SANDWICH:** FRENCH DIP  
**DESSERT:** CHOCOLATE ÉCLAIR TORTE

\*Note: The BYO Salad Bar color is dependent on the toppings you select.



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## Waupun Memorial Café

### Friday

BREAKFAST:	<b>BACON EGG AND CHEESE BURRITO</b>
SOUPS:	<b>TOMATO - CRAB CHOWDER</b>
FEATURE:	<b>MAC &amp; CHEESE</b>
SIDES:	<b>ZUCCHINI GARLIC MASHED POTATOES/ITALIAN BEANS</b>
SPECIALTY SANDWICH:	<b>PULLED BBQ CHICKEN SANDWICH</b>
DESSERT:	<b>COOKIE BARS</b>

### Saturday

SOUPS:	<b>COOK'S CHOICE</b>
FEATURE:	<b>HOT SANDWICH OF THE DAY</b>
SIDES:	<b>BAKED POTATO</b>

### Sunday

SOUPS:	<b>COOK'S CHOICE</b>
FEATURE:	<b>HOT SANDWICH OF THE DAY</b>
SIDES:	<b>RANCH WEDGES</b>

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