



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Waupun Memorial Café Week of July 19th

Monday

BREAKFAST:

SOUPS:

FEATURE:

SIDES:

SPECIALTY SANDWICH:

DESSERT:

SAUSAGE EGG AND CHEESE BAGEL

TURKEY NOODLE - WISCONSIN CHILI

BYO NACHOS

SWEET POTATO FRIES

GARDEN BLEND VEGETABLES

BEEF PHILLY CHEESE STEAK

PUMPKIN BARS

Tuesday

BREAKFAST:

SOUPS:

FEATURE:

SIDES:

PANINI:

DESSERT:

SCRAMBLED EGG/BACON & CHEESE

BEEF DUMPLING - BEER CHEESE

SWEET CHILI GLAZED CHICKEN BREAST

SMOKED GOUDA AND CHIVE MASHED POTATOES

SLICED CARROTS

MUSHROOM SOURDOUGH MELT

Chocolate Cake

Wednesday

BREAKFAST:

SOUPS:

FEATURE:

SIDES:

SPECIALTY SANDWICH:

DESSERT:

MADE TO ORDER WAFFLE

STUFFED PEPPER - CHEESY CAULIFLOWER

CRAB STUFFED WHITE FISH

MUSHROOM COUSCOUS RISOTTO

WHOLE GREEN BEANS

BBQ CHICKEN FLATBREAD

KIT KAT BARS

Thursday

Breakfast:

Soups:

Feature:

Sides:

Specialty Sandwich:

Dessert:

Sausage Egg and Cheese English Muffin

Cream of Mushroom- Italian Tortellini

Pulled Pork Stuffed Sweet Potato

Wedges

Caribbean Blend Vegetables

Grilled Rachel

Butterfinger Torte



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Waupun Memorial Café

Friday

BREAKFAST:	BREAKFAST SKILLET
SOUPS:	CHICKEN FAJITA – CHEESY CRAB CHOWDER
FEATURE:	FETTUCINI ALFREDO
SIDES:	GARLIC BREAD BRUSSELS SPROUTS WITH CRANBERRIES
SPECIALTY SANDWICH:	BEER BATTERED FISH SANDWICH
DESSERT:	Lemon Cake

Saturday

SOUPS:	COOK'S CHOICE
SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SIDES:	RANCH POTATO WEDGES

Sunday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
PIZZA:	CHEESE PIZZA

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(with breakfast 7:30 a.m. to 10 a.m.)*

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

*Nutrition and Food Service Supervisor: Nicci Vande Zande
Nutrition and Food Service Director: Donna Van Buren*



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Waupun Memorial Café Week of July 26th

Monday

BREAKFAST:	APPLE RAISIN FRENCH TOAST STRATA
SOUPS:	CHICKEN NOODLE - CHEESY VEGETABLE
FEATURE:	SPICY CAULIFLOWER WRAP
SIDES:	POTATO WEDGES CORN
SPECIALTY SANDWICH:	BYO BURGER BAR
DESSERT:	PEANUT BUTTER BARS

Tuesday

BREAKFAST:	SAUSAGE EGG AND CHEESE BAGEL
SOUPS:	VEGETABLE BARLEY - TURKEY & BLACK BEAN CHILI
FEATURE:	BUILD YOUR OWN CHICKEN BURRITO
SIDES:	SPANISH RICE BROCCOLI
SPECIALTY SANDWICH:	BBQ PULLED PORK
DESSERT:	Banana Bars

Wednesday

BREAKFAST:	SCRAMBLED EGGS WITH CHEESE AND HAM
SOUPS:	FRENCH ONION - CHEESY VEGETABLE
FEATURE:	SHRIMP SCAMPI
SIDES:	SWEET POTATO FRIES CAULIFLOWER
SPECIALTY SANDWICH:	MONTEREY CHICKEN SANDWICH
DESSERT:	HEAVENLY BARS

Thursday

BREAKFAST:	MADE TO ORDER WAFFLES
SOUPS:	CHICKEN DUMPLING - BEEF MUSHROOM BARLEY
FEATURE:	POT ROAST
SIDES:	MASHED POTATOES ROASTED CARROTS
SPECIALTY SANDWICH:	TERIYAKI TURKEY BURGER
DESSERT:	CHEESE CAKE



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Friday

BREAKFAST: **BACON, EGG, AND CHEESE ON A BISCUIT**
SOUPS: **TOMATO BASIL - TURKEY FLORENTINE**
FEATURE: **CHICKEN ASPARAGUS PENNE**
SIDES: **GARLIC CHEESE BISCUIT**
CARIBBEAN BLEND VEGETABLES
SPECIALTY SANDWICH: **GROWN UP GRILLED CHEESE**
DESSERT: **Apple Crisp**

Saturday

SOUPS: **COOK'S CHOICE**
FEATURE: **HOT SANDWICH OF THE DAY**
PIZZA: **PEPPERONI**

Sunday

SOUPS: **COOK'S CHOICE**
FEATURE: **HOT SANDWICH OF THE DAY**
SIDES: **POTATO WEDGES**

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