



Waupun Memorial Café

Week of May13, 2019

Monday

BREAKFAST: **MADE TO ORDER WAFFLES**
 SOUPS: **CHICKEN NOODLE – CHEESY VEGETABLE**
 FEATURE: **SPICY CAULIFLOWER WRAP**
 SIDES: **POTATO WEDGES**
FLAME ROASTED CORN
 SPECIALTY SANDWICH: **BYO BURGER BAR**
 DESSERT: **PEANUT BUTTER BARS**

Tuesday

BREAKFAST: **SAUSAGE EGG AND CHEESE BAGEL**
 SOUPS: **VEGETABLE BARLEY – TURKEY & BLACK BEAN CHILI**
 FEATURE: **BUILD YOUR OWN CHICKEN BURRITO**
 SIDES: **SPANISH RICE/ RIVIARA BLEND**
 PANINI: **GRILLED TURKEY AND APPLE**
 SPECIALTY SANDWICH: **BBQ PULLED PORK**
 DESSERT: **CHOCOLATE CREAM PIE**

Wednesday

BREAKFAST: **BACON EGG AND CHEESE BISCUIT**
 SOUPS: **FRENCH ONION – RED POTATO CHEDDAR**
 FEATURE: **SHRIMP SCAMPI**
BYO SALAD BAR
 SIDES: **POTATO WEDGES**
CAULIFLOWER RISOTTO
 SPECIALTY SANDWICH: **MONTEREY CHICKEN SANDWICH**
 DESSERT: **HEAVENLY BARS**

Thursday

BREAKFAST: **APPLE RAISIN FRENCH TOAST STRATA**
 SOUPS: **CHICKEN DUMPLING – BEEF MUSHROOM BARLEY**
 FEATURE: **POT ROAST**
 SIDES: **MASHED POTATOES**
ROASTED CARROTS
 SPECIALTY SANDWICH: **TERIYAKI TURKEY BURGER**
 DESSERT: **CHEESE CAKE**



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Friday

BREAKFAST:	SCRAMBLED EGGS WITH HAM AND CHEESE
SOUPS:	TOMATO BASIL - TURKEY FLORENTINE
FEATURE:	CHICKEN ASPARAGUS PENNE
SIDES:	SAVORY APPLE BISCUIT RIVIERA BLEND
SPECIALTY SANDWICH:	GROWN UP GRILLED CHEESE
DESSERT:	PISTACHIO TORTE

Saturday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
PIZZA:	PEPPERONI

Sunday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	POTATO WEDGES

Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(With breakfast 7:30 a.m. to 10 a.m.)

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

Nutrition and Food Service Supervisor: Rosanne Wetzel
Nutrition and Food service Director: Donna Van Buren



KNOW YOUR COLORS

GREEN
Good choice! Eat plenty of these foods.

YELLOW
Eat these foods in moderation.

RED
Rarely eat these foods.

Waupun Memorial Café

Week of May 20th, 2019

Monday

BREAKFAST:
SOUPS:
FEATURE:
SIDES:

SAUSAGE EGG AND CHEESE BAGEL
ITALIAN WEDDING - CHICKEN POT PIE
BAKED POTATO BAR
BROCCOLI FLORETS
BAKED POTATO
CHICKEN BRUSCHETTA SANDWICH
PRETZEL TORTE

*Note: The Baked Potato Bar color is dependent on the toppings you select.

SPECIALTY SANDWICH:
DESSERT:

Tuesday-

BREAKFAST:
SOUPS:
FEATURE:
SIDES:
SPECIALTY SANDWICH:
DESSERT:

HAM AND VEGGIE STRATA
BEEF NOODLE - CHICKEN ENCHILADA
SWEET N SOUR CHICKEN
CHICKEN FRIED RICE/SUGAR SNAP PEAS
ITALIAN MEATBALL SUB
CHOCOLATE DESSERT

Wednesday

BREAKFAST:
SOUPS:
FEATURE:
PANINI:
SIDES:
DESSERT:

CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN
WISCONSIN CHILI - BROCCOLI CHEESE
HONEY CASHEW SALMON
WMH CLASSIC
VEGETABLE COUSCOUS/YELLOW SQUASH
MINT BROWNIE

Thursday

BREAKFAST:
SOUPS:
FEATURE:
SIDES:
SPECIALTY WRAP:
DESSERT:

CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN
CHICKEN NOODLE - OLD FASHIONED BEAN W/HAM
BEEF LONDON BROIL
RED SKIN MASHED POTATOES
CAULIFLOWER **BYO SALAD BAR**
CHICKEN BACON RANCH WRAP
CHOCOLATE CHIP COOKIE BARS



KNOW YOUR COLORS



Friday

Breakfast :	Scrambled Eggs with Sausage and Cheese
Soups:	Vegan Lentil/ Creamy Swiss Onion
FEATURE:	BYO CHILI BAR
SIDES	CORNBREAD MUFFIN/ WHOLE GREEN BEANS
SPECIALTY SANDWICH	BEER BATTERED FISH SANDWICH
DESSERTS:	NUTTY PUMPKIN CRUMBLE

Saturday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	SWEET POTATO WAFFLE FRIES

Sunday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	FRENCH FRIES

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