



KNOW YOUR COLORS



Week of March 11th, 2019 Waupun Memorial Café

Monday

BREAKFAST: SAUSAGE EGG AND CHEESE BAGEL
SOUPS: ITALIAN WEDDING - CHICKEN POT PIE
FEATURE: BAKED POTATO BAR
SIDES: BROCCOLI FLORETS
BAKED POTATO
SPECIALTY SANDWICH: CHICKEN BRUSCHETTA
DESSERT: PRETZEL TORTE

*Note: The Baked Potato Bar color is dependent on the toppings you select.

Tuesday

BREAKFAST: HAM AND VEGGIE STRATA
SOUPS: BEEF NOODLE - CHICKEN ENCHILADA
FEATURE: SWEET N SOUR CHICKEN
SIDES: CHICKEN FRIED RICE / SUGAR SNAP PEAS
SPECIALTY SANDWICH: ITALIAN MEATBALL SUB
DESSERT: CHOCOLATE DESSERT

Wednesday

BREAKFAST: BACON EGG AND CHEESE BISCUIT
SOUPS: WISCONSIN CHILI - BROCCOLI CHEESE
FEATURE: HONEY CASHEW SALMON
SIDES: VEGETABLE COUSCOUS / YELLOW SQUASH
PANINI: WMH CLASSIC
DESSERT: MINT BROWNIE

Thursday

BREAKFAST: CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN
SOUPS: CHICKEN NOODLE - OLD FASHIONED BEAN W/HAM
FEATURE: BEEF LONDON BROIL
SIDES: RED SKIN MASHED POTATOES BYO SALAD BAR
CAULIFLOWER
PERSONAL PIZZA: SUPREME
DESSERT: CHOCOLATE CHIP COOKIE BARS



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Friday

Breakfast: Scrambled Eggs with Sausage and Cheese
Soups: Vegan Lentil/ Creamy Swiss Onion
FEATURE: BYO CHILI BAR
SIDES: CORNBREAD MUFFIN/ WHOLE GREEN BEANS
SPECIALTY SANDWICH: BEER BATTERED FISH SANDWICH
DESSERTS: NUTTY PUMPKIN CRUMBLE

Saturday

SOUPS: COOK'S CHOICE
FEATURE: HOT SANDWICH OF THE DAY
SIDES: SWEET POTATO WAFFLE FRIES

Sunday

SOUPS: COOK'S CHOICE
FEATURE: HOT SANDWICH OF THE DAY
SIDES: FRENCH FRIES

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(with breakfast 7:30 a.m. to 10 a.m.)*

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

*Nutrition and Food Service Supervisor: Rosanne Wetzel
Nutrition and Food Service Director: Donna Van Buren*



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Waupun Memorial Café Week of March 18th, 2019

Monday

BREAKFAST: **SCRAMBLED EGGS WITH BACON AND CHEESE**
SOUPS: **SPLIT PEA - CHICKEN ROSÉ MARINA**
FEATURE: **BYO TACO SALAD**
SIDES: **SPANISH RICE**
REFRIED BEANS
SPECIALTY SANDWICH: **VEGGIE BURGER**
DESSERT: **SCOTCHAROOS**

*Note: The Taco Salad color is dependent on the toppings you select.

Tuesday

BREAKFAST: **CANADIAN BACON EGG AND CHEESE BAGEL**
SOUPS: **TASTE LIKE LASAGNA - TURKEY VEGETABLE BARLEY**
FEATURE: **SWISS BAKED CHICKEN**
SIDES: **MASHED POTATOES/MALIBU BLEND VEGETABLES**
SPECIALTY SANDWICH: **FRENCH DIP**
DESSERT: **STRAWBERRY SHORTCAKE**

Wednesday

BREAKFAST: **BREAKFAST PIZZA**
SOUPS: **CHICKEN DUMPLING - CHEESEBURGER CHOWDER**
FEATURE: **MONGOLIAN STIR FRY**
SIDES: **STEAMED RICE**
ROASTED ZUCCHINI
PIZZA: **PEPPERONI**
DESSERT: **7 LAYER BARS**

Thursday

BREAKFAST: **MADE TO ORDER OMELET**
SOUPS: **CHICKEN CHILI VERDE - BEEF BARLEY**
FEATURE: **MEAT LASAGNA**
SIDES: **PARMESAN GARLIC BREAD**
ASPARAGUS SPEARS
PANINI: **BAJA CHICKEN**
DESSERT: **CHOCOLATE ÉCLAIR TORTE**

*Note: The BYO Salad Bar color is dependent on the toppings you select.



KNOW YOUR COLORS

GREEN <i>Good choice! Eat plenty of these foods.</i>	YELLOW <i>Eat these foods in moderation.</i>	RED <i>Rarely eat these foods.</i>
----------------------------------------------------------------	--------------------------------------------------------	----------------------------------------------

Friday

BREAKFAST: **BACON EGG AND CHEESE BURRITO**
SOUPS: **TOMATO - CRAB CHOWDER**
FEATURE: **MAC & CHEESE**
SIDES: **ZUCCHINI GARLIC MASHED POTATOES/ITALIAN BEANS**
SPECIALTY SANDWICH: **PULLED BBQ CHICKEN SANDWICH**
DESSERT: **COOKIE BARS**

Saturday

SOUPS: **COOK'S CHOICE**
FEATURE: **HOT SANDWICH OF THE DAY**
SIDES: **BAKED POTATO**

Sunday

SOUPS: **COOK'S CHOICE**
FEATURE: **HOT SANDWICH OF THE DAY**
SIDES: **RANCH WEDGES**

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(with breakfast 7:30 a.m. to 10 a.m.)*

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

*Nutrition and Food Service Supervisor: Rosanne Wetzel
Nutrition and Food Service Director: Donna Van Buren*