



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Waupun Memorial Café

Week of 1/7/19

Monday

BREAKFAST:	SCRAMBLED EGGS WITH BACON AND CHEESE
SOUPS:	SPLIT PEA - CHICKEN ROSE MARINA
FEATURE:	BYO TACO SALAD
SIDES:	SPANISH RICE REFRIED BEANS
SPECIALTY SANDWICH:	VEGGIE BURGER
DESSERT:	SPECIAL K BARS

*Note: The Taco Salad color is dependent on the toppings you select.

Tuesday

BREAKFAST:	CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN
SOUPS:	TASTE LIKE LASAGNA - TURKEY VEGETABLE BARLEY
FEATURE:	SWISS BAKED CHICKEN
SIDES:	MASHED POTATOES/ MALIBU BLEND VEGETABLES
SPECIALTY SANDWICH:	FRENCH DIP
DESSERT:	STRAWBERRY SHORTCAKE

Wednesday

BREAKFAST:	BREAKFAST PIZZA
SOUPS:	CHICKEN DUMPLING - CHEESEBURGER CHOWDER
FEATURE:	MONGOLIAN STIR FRY
SIDES:	STEAMED RICE ROASTED ZUCCHINI
PIZZA:	PEPPERONI
DESSERT:	7 LAYER BARS

Thursday

BREAKFAST:	MADE TO ORDER OMELET
SOUPS:	CHICKEN CHILI VERDE - BEEF BARLEY
FEATURE:	MEAT LASAGNA
SIDES:	PARMESAN GARLIC BREAD ASPARAGUS SPEARS
PANINI:	BAJA CHICKEN
DESSERT:	CHOCOLATE ÉCLAIR TORTE



Waupun Memorial Café

Friday

BREAKFAST:	BACON EGG AND CHEESE BURRITO
SOUPS:	TOMATO - CRAB CHOWDER
FEATURE:	MAC & CHEESE
SIDES:	ZUCCHINI GARLIC MASHED POTATOES/ ITALIAN BEANS
SPECIALTY SANDWICH:	PULLED BBQ PORK SANDWICH
DESSERT:	COOKIE BARS

Saturday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	BAKED POTATO

Sunday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	RANCH WEDGES

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(with breakfast 7:30 a.m. to 10 a.m.)*

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

*Nutrition and Food Service Supervisor: Rosanne Wetzel
Nutrition and Food Service Director: Donna Van Buren*



Waupun Memorial Café

Week of 1/14/19

Monday

BREAKFAST: EGG SAUSAGE AND CHEESE CROISSANT
SOUPS: LOUISIANA GUMBO - CHICKEN NOODLE
FEATURE: MADE TO ORDER PASTA BAR
 BYO SALAD BAR
SIDES: BREAD STICK
 SWEET CHILI BRUSSELS SPROUTS
SPECIALTY PIZZA : MEXICAN FLATBREAD PIZZA
DESSERT: STRAWBERRY CAKE

*Note: The Pasta Bar and the BYO Salad Bar colors are dependent on the toppings you select.

Tuesday

BREAKFAST: EGG AND HAM BREAKFAST CASSEROLE
SOUPS: DUCHESS - HEARTY VEGETABLE
FEATURE: OPEN FACE HOT TURKEY
SIDES: RED SKIN MASHED POTATOES/ ROASTED SUMMER SQUASH
PANINI: HAM AND PEPPER JACK
DESSERT: DRUMSTICK TORTE

Wednesday

BREAKFAST: BACON EGG AND CHEESE BAGEL
SOUPS: WHITE CHICKEN CHILI - BEEF VEGETABLE
FEATURE: BAKED CHOP STEAK W/MUSHROOM GRAVY
SIDES: MASHED POTATOES/ PEAS AND CARROTS
PANINI: TURKEY MOZZARELLA
DESSERT: CHERRY CRISP

Thursday

BREAKFAST: SOUFFLÉ'S BACON OR SPINACH AND RED PEPPER
SOUPS: CHEESY ASPARAGUS - TURKEY W/ WILD RICE
FEATURE: NEW ORLEANS JAMBALAYA
SIDES: CORNBREAD MUFFIN/ SAUTÉED SPINACH AND TOMATOES
SPECIALTY SANDWICH: CHUNKY CHICKEN MELT
DESSERT: CARROT CAKE



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Waupun Memorial Café

Friday

BREAKFAST:	SCRAMBLED EGGS WITH SAUSAGE AND CHEESE
SOUPS:	MINISTRONE – CHICKEN & SWEET POTATO
FEATURE:	SPINACH AND CRANBERRY SALMON
SIDES:	CHERRY TOMATO PILAF/ WHOLE GREEN BEANS
PANINI:	SOUTHWESTERN GRILLED CHEESE
PERSONAL PIZZA:	SAUSAGE OR CHEESE
DESSERT:	LEMON CAKE

Saturday

SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SOUPS:	COOK'S CHOICE
PIZZA:	SAUSAGE

Sunday

SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SOUPS:	COOK'S CHOICE
PIZZA:	PEPPERONI

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