



# KNOW YOUR COLORS

**GREEN**

*Good choice! Eat plenty of these foods.*

**YELLOW**

*Eat these foods in moderation.*

**RED**

*Rarely eat these foods.*

## Ripon Place Café

Week of 3/11/19

### Monday

Breakfast: SAUSAGE EGG AND CHEESE BAGEL  
SOUPS: CHICKEN AND RICE -BROCCOLI CHEESE  
FEATURE ITEM: BYO NACHOS  
SIDES: SWEET POTATO FRIES--CALIFORNIA BLEND VEGETABLES  
SANDWICH: GRILLED TURKEY AND APPLE PANINI

### Tuesday

Breakfast: BREAKFAST PIZZA  
SOUPS: OLD FASHION BEAN W/HAM -CHICKEN NOODLE  
FEATURE ITEM: CHICKEN PARMESAN  
SIDES: ROASTED RED POTATOES--ROASTED VEGETABLES  
SANDWICH: BLACKJACK BURGER MELT  
PIZZA SPECIAL: SUPREME

### Wednesday

Breakfast: BACON EGG AND CHEESE BISCUIT  
SOUPS: WISCONSIN CHILI-FRENCH ONION  
FEATURE ITEM: SHRIMP SCAMPI  
SIDES: GARLIC BREAD--WHOLE GREEN BEANS  
SANDWICH: BBQ CHICKEN  
PIZZA SPECIAL: MEAT LOVERS

### Thursday

Breakfast: CANADIAN BACON EGG AND CHEESE MUFFIN  
SOUPS: ITALIAN WEDDING -CHICKEN POT PIE  
FEATURE ITEM: BEEF LONDON BROIL  
SIDES: MASHED RED SKIN POTATOES--CAULIFLOWER  
SANDWICH: MEXICAN FLATBREAD  
PIZZA SPECIAL: TOMATO ARTICHOKE

### Friday

Breakfast: SCRAMBLED EGGS W/ SAUSAGE AND CHEESE  
SOUPS: CHEESY ASPARAGUS-BEEF VEGETABLE  
FEATURE ITEM: SOUTHWEST SALAD  
SANDWICH: SLOPPY JOE  
SIDES: POTATO WEDGES--SLICED CARROTS  
PIZZA SPECIAL: SAUSAGE

Hours of Operation: Monday through Friday Breakfast 7:30 a.m. to 10:00 a.m. Lunch 11:00 a.m. to 1:30 p.m.  
Nutrition and Food Service Supervisor: Matt Schwartz



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## Ripon Place Café

Week of 3/18/19

### Monday

Breakfast: **EGG AND BACON BREAKFAST CASSEROLE**  
 SOUPS: **CHEESY VEGETABLE –**  
 FEATURE ITEM: **BYO TACO SALAD**  
 SIDES: **CORN—SPANISH RICE**  
 SANDWICH: **CALIFORNIA TURKEY BURGER**  
 PIZZA SPECIAL: **BBQ CHICKEN**

\*Note: The Taco Salad color is dependent on the toppings you select.

### Tuesday

Breakfast: **CANADIAN BACON EGG AND CHEESE BAGEL**  
 SOUPS: **BEEF BARLEY-- CHICKEN CHILI VERDE**  
 FEATURE ITEM: **CRAB STUFFED WHITEFISH**  
 SIDES: **SOUR CREAM/CHIVE MASHED POTATOES--YELLOW SQUASH**  
 SANDWICH: **AHC CLASSIC PANINI**  
 PIZZA SPECIAL: **THREE CHEESE**

### Wednesday

Breakfast: **BYO WAFFLE**  
 SOUPS: **TASTE LIKE LASAGNA –CHICKEN ROSEMARINA**  
 FEATURE ITEM: **SWEET N SOUR CHICKEN**  
 SIDES: **FRIED RICE--BROCCOLI FLORETS**  
 SANDWICH: **MONTEREY ROAST BEEF**  
 PIZZA SPECIAL: **MUSHROOM & GARLIC**

### Thursday

Breakfast: **SAUSAGE EGG AND CHEESE MUFFIN**  
 SOUPS: **SPLIT PEA—CHICKEN SWEET POTATO**  
 FEATURE ITEM: **BEEF STROGANOFF**  
 SIDES: **WHOLE GRAIN ROTINI--SLICED CARROTS**  
 SANDWICH: **BLACK BEAN W/AVOCADO BURGER**  
 PIZZA SPECIAL: **SAUSAGE**

### Friday

Breakfast: **BACON AND EGG BREAKFAST BISCUIT**  
 SOUPS: **CREAM OF CHICKEN RICE—HEARTY VEGETABLE**  
 FEATURE ITEM: **PULLED PORK STUFFED SWEET POTATO**  
 SIDES: **SWEET CHILI BRUSSEL SPROUTS—ROASTED ASPARAGUS**  
 SANDWICH: **BAKED BATTERED COD**  
 PIZZA SPECIAL: **PEPPERONI**

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