



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Creekside Café

Weeks of January 7th - 18th

Monday

BREAKFAST: WHOLE GRAIN CHOCOLATE CHIP PANCAKES
SOUPS: DUCHESS CHEESE - ITALIAN TORTELLINI
ENTREES: MUSHROOM RAVIOLI W/ ZUCCHINI BLUSH SAUCE
TEX MEX ROASTED CORN ENCHILADA BAKE
SIDES: FIESTA POTATOES- REFRIED BLACK BEANS
POBLANO CHILI CORN BREAD MUFFIN - ITALIAN STYLE GREEN BEANS
CHEF'S FEATURE: WATERMELON AND FETA SALAD
GRILL: GRILLED PORTOBELLO AND PEPPER SANDWICH

Tuesday

BREAKFAST: HAM AND VEGGIE STRATA
SOUPS: CHICKEN NOODLE - BEEF VEGETABLE
ENTREES: CAPRESE CHICKEN W/ BALSAMIC GLAZE
SHRIMP AND ASPARAGUS SEA BASS
SIDES: TRI COLORED VEGETABLE COUSCOUS - ORANGE GLAZED BEETS
KALE AND POTATO GRATIN - FRESH STEAMED BROCCOLI
CHEF'S FEATURE: BOURBON STREET CHICKEN FAJITA
GRILL: SLOPPY JOE SANDWICH

Wednesday

BREAKFAST: STRAWBERRY WAFFLE
(MADE TO ORDER OMELETS AT CHEF'S FEATURE STATION)
SOUPS: STUFFED GREEN PEPPER - WHITE CHICKEN CHILI
ENTREES: SMOTHERED CHICKEN BREAST - VEGETABLE LASAGNA
SIDES: GARLIC MOZZARELLA CIABATTA - WILD RICE
BAKED POTATO WEDGES - GARDEN BLEND VEGETABLES
CHEF'S FEATURE: MEDITERRANEAN STEAK SALAD
GRILL: CALIFORNIA TURKEY BURGER



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Thursday

BREAKFAST: ROASTED PEPPER EGG, AND SWISS ON SOURDOUGH
SOUPS: CHEESY ASPARAGUS - LOUISIANA GUMBO
ENTREES: HONEY CASHEW SALMON
CHIMICHURRI FLANK STEAK
SIDES: FIRE ROASTED TOMATO PILAF - GARLIC ROASTED RED POTATOES
STEAMED GREEN BEANS - SAUTÉED YELLOW SQUASH W/ PEPPERS
CHEF'S FEATURE: TACO SALAD BOWL
GRILL: GRILLED CHICKEN PARMESAN SANDWICH

Friday

BREAKFAST: ROAST BEEF HASH
SOUPS: CLAM CHOWDER - MINISTRONE
ENTREES: POT ROAST - POTATO CHEDDAR CRUSTED COD
SIDES: YUKON GOLD MASHED POTATOES - ROASTED CARROTS
BRAISED CABBAGE - MUSHROOMS W/ BROCCOLI AND WALNUTS
CHEF'S FEATURE: CHICKEN CAESAR SALAD
GRILL: MONTEREY CHICKEN SANDWICH

Hours of Operation: Monday through Sunday 6:30 a.m. to 6:30 p.m.

Weekday Grill Hours: 6:30 a.m. to 10:00 a.m.; 11:00 a.m. to 1:30 p.m.; 4:30 p.m. to 6:30 p.m.

Weekend Grill Hours: Limited hot items available

Food Service Operations Supervisor: Rich Nimkie
Nutrition and Food Service Director: Donna Van Buren



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Monday

BREAKFAST: STRAWBERRY FRENCH TOAST
SOUPS: WHITE BEAN POSOLE VERDE – WISCONSIN CHEESE
ENTREES: VEGAN CHILI STUFFED SWEET POTATO
GNOCCHI AND WHITE CHEDDAR GRATIN
SIDES: ROASTED SWEET POTATO – SAUTÉED GREENS W/ CHICKPEAS
RAINBOW CARROTS – TOASTED GRAIN PILAF
CHEF'S FEATURE: SPINACH AND MUSHROOM RAVIOLI SALAD
GRILL: BLACK BEAN AVOCADO BURGER

Tuesday

BREAKFAST: PECAN WAFFLE
SOUPS: BEEF DUMPLING – CREAM OF MUSHROOM
ENTREES: TERIYAKI CHICKEN – SPINACH AND CRANBERRY SALMON
SIDES: BASMATI RICE PILAF – ROASTED POTATOES W/ THYME
ROASTED BEETS, SQUASH, AND APPLES – SUGAR SNAP PEAS W/ ALMONDS
CHEF'S FEATURE: NAKED BURRITO BOWL
GRILL: BBQ PULLED PORK SANDWICH

Wednesday

BREAKFAST: BLUEBERRY WHOLE GRAIN PANCAKES
(MADE TO ORDER OMELETS-CHEF'S FEATURE STATION)
SOUPS: BLACK FOREST LENTIL – CAULIFLOWER CHEESE
ENTREES: CHICKEN FLORENTINE
NEW ORLEANS JAMBALAYA W/ POBLANO CORN MUFFIN
SIDES: LEMON PARSLEY FINGERLING POTATOES – SAUTÉED GREENS W/ TOMATOES
FRESH ROASTED BROCCOLINI
BRAISED MUSHROOMS WITH GARLIC AND PEPPERS
CHEF'S FEATURE: SOUTHWEST CHICKEN SALAD
GRILL: TERIYAKI TURKEY BURGER



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Thursday

BREAKFAST: **BREAKFAST PIZZA**
SOUPS: **VEGETARIAN 7 BEAN - CREAM OF CHICKEN RICE**
ENTREES: **MEDITERRANEAN COD WITH GRILLED VEGETABLES**
OVEN ROASTED TURKEY BREAST
SIDES: **SAGE AND ONION DRESSING - MASHED RED SKIN POTATOES**
PARMESAN GREEN BEANS - HONEY GLAZED BABY CARROTS
CHEF'S FEATURE: **KALE PESTO CHICKEN PASTA BOWL**
GRILL: **BLACKJACK BURGER**

Friday

BREAKFAST: **APPLE RAISIN FRENCH TOAST STRATA**
SOUPS: **CHEESY SEAFOOD CHOWDER -**
SWEET POTATO RED BEAN CHILI
ENTREES: **BACON BOURBON BBQ SALMON - BEEF STROGANOFF**
SIDES: **WHOLE GRAIN ROTINI - SMOKED GOUDA AND CHIVE YUKON POTATOES**
ROASTED BRUSSELS SPROUTS W/ CRANBERRIES- MALIBU BLEND
CHEF'S FEATURE: **SEARED TUNA SALAD W/ RASPBERRY VINAIGRETTE**
GRILL: **CHIPOTLE CHICKEN SANDWICH**

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