



# Waupun Memorial Café

Week of 7/17/17

## Monday

BREAKFAST: **MADE TO ORDER WAFFLES**  
 SOUPS: **CHICKEN NOODLE - CHEESY VEGETABLE**  
 FEATURE: **GUILT FREE MAC AND CHEESE**  
 SIDES: **FRENCH FRIES**  
**STEAMED CORN**  
 SPECIALTY SANDWICH: **BYO BURGER BAR**  
 DESSERT: **PEANUT BUTTER BARS**

## Tuesday

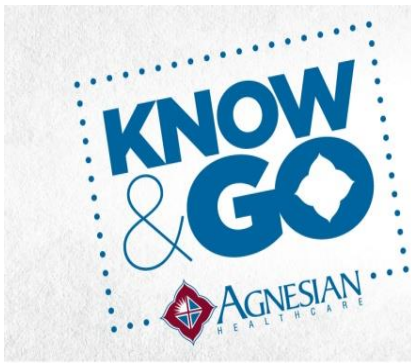
BREAKFAST: **SAUSAGE EGG AND CHEESE BAGEL**  
 SOUPS: **VEGETABLE BARLEY - TURKEY & BLACK BEAN CHILI**  
 FEATURE: **BUILD YOUR OWN CHICKEN BURRITO**  
 SIDES: **SPANISH RICE/BROCCOLI**  
 PANINI: **GRILLED TURKEY AND APPLE**  
 SPECIALTY SANDWICH: **BBQ PULLED PORK**  
 DESSERT: **Banana Poke Cake**

## Wednesday

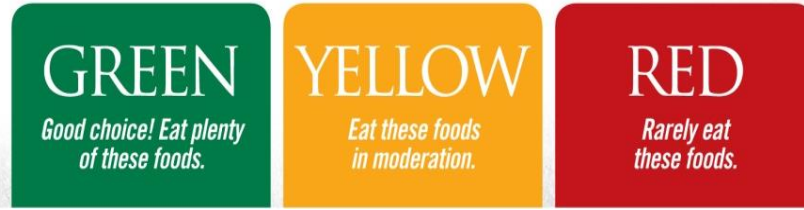
BREAKFAST: **CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN**  
 SOUPS: **FRENCH ONION - RED POTATO CHEDDAR**  
 FEATURE: **SHRIMP SCAMPI**  
**BYO SALAD BAR**  
 SIDES: **POTATO WEDGES**  
**GARDEN BLEND VEGETABLES**  
 SPECIALTY SANDWICH: **MONTEREY CHICKEN SANDWICH**  
 DESSERT: **HEAVENLY BARS**

## Thursday

BREAKFAST: **APPLE RAISIN FRENCH TOAST STRATA**  
 SOUPS: **CHICKEN DUMPLING - BEEF MUSHROOM BARLEY**  
 FEATURE: **POT ROAST**  
 SIDES: **MASHED POTATOES**  
**ROASTED CARROTS**  
 SPECIALTY SANDWICH: **TERIYAKI TURKEY BURGER**  
 DESSERT: **CHEESE CAKE**



# KNOW YOUR COLORS



## Waupun Memorial Café

### Friday

BREAKFAST:	SCRAMBLED EGGS WITH HAM AND CHEESE
SOUPS:	TOMATO BASIL - TURKEY FLORENTINE
FEATURE:	CHICKEN ASPARAGUS PENNE
SIDES:	SAVORY APPLE BISCUIT RIVIERA BLEND
SPECIALTY SANDWICH:	GROWN UP GRILLED CHEESE
DESSERT:	PISTACHIO TORTE

### Saturday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
PIZZA:	PEPPERONI

### Sunday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	POTATO WEDGES

*Hours of Operation:* Monday through Friday 11:30 a.m. to 1:30 p.m.  
(With breakfast 7:30 a.m. to 10 a.m.)

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

Nutrition and Food Service Supervisor: Matt Schwartz  
Nutrition and Food service Director: Donna Van Buren



# KNOW YOUR COLORS

**GREEN**  
*Good choice! Eat plenty of these foods.*

**YELLOW**  
*Eat these foods in moderation.*

**RED**  
*Rarely eat these foods.*

## Week of 7/24/17

### Waupun Memorial Café

#### Monday

BREAKFAST:  
SOUPS:  
FEATURE:  
SIDES:

**SAUSAGE EGG AND CHEESE BAGEL**  
**ITALIAN WEDDING – CHICKEN POT PIE**  
**BAKED POTATO BAR**  
**BROCCOLI FLORETS**  
**BAKED POTATO**  
**CHICKEN BRUSCHETTA SANDWICH**  
**PRETZEL TORTE**

\*Note: The Baked Potato Bar color is dependent on the toppings you select.

SPECIALTY SANDWICH:  
DESSERT:

#### Tuesday

BREAKFAST:  
SOUPS:  
FEATURE:  
SIDES:  
SPECIALTY SANDWICH:  
DESSERT:

**BREAKFAST HASH & SCONES**  
**BEEF NOODLE – CHICKEN ENCHILADA**  
**SWEET N SOUR CHICKEN**  
**CHICKEN FRIED RICE /SUGAR SNAP PEAS**  
**ITALIAN MEATBALL SUB**  
**CHOCOLATE DESSERT**

#### Wednesday

BREAKFAST:  
SOUPS:  
FEATURE:  
PANINI:  
SIDES:  
DESSERT:

**BACON EGG AND CHEESE BISCUIT**  
**WISCONSIN CHILI – BROCCOLI CHEESE**  
**HONEY CASHEW SALMON**  
**WMH CLASSIC**  
**VEGETABLE COUSCOUS/YELLOW SQUASH**  
**MINT BROWNIE**

#### Thursday

BREAKFAST:  
SOUPS:  
FEATURE:  
SIDES:

**CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN**  
**CHICKEN NOODLE – OLD FASHIONED BEAN W/HAM**  
**BEEF LONDON BROIL**  
**RED SKIN MASHED POTATOES**  
**CAULIFLOWER** **BYO SALAD BAR**  
**SUPREME**  
**CHOCOLATE CHIP COOKIE BARS**

PERSONAL PIZZA:  
DESSERT:



# KNOW YOUR COLORS

**GREEN**

*Good choice! Eat plenty of these foods.*

**YELLOW**

*Eat these foods in moderation.*

**RED**

*Rarely eat these foods.*

## Waupun Memorial Café

### Friday

Breakfast :	Scrambled Eggs with Sausage and Cheese
Soups:	Vegan Lentil/ Creamy Swiss Onion
FEATURE:	VEGETABLE LASAGNA
SIDES	GARLIC CHEESE BREAD/ WHOLE GREEN BEANS
PANINI:	TURKEY MOZZARELLA
SPECIALTY SANDWICH	BEER BATTERED FISH SANDWICH
DESSERTS:	NUTTY PUMPKIN CRUMBLE

### Saturday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	SWEET POTATO WAFFLE FRIES

### Sunday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	FRENCH FRIES

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.  
(with breakfast 7:30 a.m. to 10 a.m.)*

**Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.**

*Nutrition and Food Service Supervisor: Matt Schwartz  
Nutrition and Food Service Director: Donna Van Buren*