



Waupun Memorial Café

Week of 3/23/20 - 3/27/20

Monday

BREAKFAST: **APPLE RAISIN FRENCH TOAST STRATA**
 SOUPS: **CHICKEN NOODLE - CHEESY VEGETABLE**
 FEATURE: **SPICY CAULIFLOWER WRAP**
 SIDES: **POTATO WEDGES**
FLAME ROASTED CORN
 SPECIALTY SANDWICH: **BYO BURGER BAR**
 DESSERT: **PEANUT BUTTER BARS**

Tuesday

BREAKFAST: **SAUSAGE EGG AND CHEESE BAGEL**
 SOUPS: **VEGETABLE BARLEY - TURKEY & BLACK BEAN CHILI**
 FEATURE: **BUILD YOUR OWN CHICKEN BURRITO**
 SIDES: **SPANISH RICE/ RIVIERA BLEND**
 PANINI: **GRILLED TURKEY AND APPLE**
 SPECIALTY SANDWICH: **BBQ PULLED PORK**
 DESSERT: **CHOCOLATE CREAM PIE**

Wednesday

BREAKFAST: **BACON EGG AND CHEESE BISCUIT**
 SOUPS: **FRENCH ONION - POTATO CHEDDAR**
 FEATURE: **SHRIMP SCAMPI**
BYO SALAD BAR
 SIDES: **POTATO WEDGES**
CAULIFLOWER RISOTTO
 SPECIALTY SANDWICH: **MONTEREY CHICKEN SANDWICH**
 DESSERT: **HEAVENLY BARS**

Thursday

BREAKFAST: **MADE TO ORDER WAFFLES**
 SOUPS: **CHICKEN DUMPLING - BEEF MUSHROOM BARLEY**
 FEATURE: **POT ROAST**
 SIDES: **MASHED POTATOES**
ROASTED CARROTS
 SPECIALTY SANDWICH: **TERIYAKI TURKEY BURGER**
 DESSERT: **CHEESE CAKE**



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Friday

BREAKFAST:	SCRAMBLED EGGS WITH HAM AND CHEESE
SOUPS:	TOMATO BASIL - TURKEY FLORENTINE
FEATURE:	CHICKEN ASPARAGUS PENNE
SIDES:	SAVORY APPLE BISCUIT RIVIERA BLEND
SPECIALTY SANDWICH:	GROWN UP GRILLED CHEESE
DESSERT:	PISTACHIO TORTE

Saturday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
PIZZA:	PEPPERONI

Sunday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	POTATO WEDGES

Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(With breakfast 7:30 a.m. to 10 a.m.)

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

Nutrition and Food Service Supervisor: Nicci Vande Zande
Nutrition and Food service Director: Donna Van Buren



KNOW YOUR COLORS

GREEN
Good choice! Eat plenty of these foods.

YELLOW
Eat these foods in moderation.

RED
Rarely eat these foods.

Waupun Memorial Café

Week of 3/30/20 - 4/3/20

Monday

BREAKFAST: SAUSAGE EGG AND CHEESE BAGEL
 SOUPS: ITALIAN WEDDING - CHICKEN POT PIE
 FEATURE: BAKED POTATO BAR
 SIDES: BROCCOLI FLORETS
 BAKED POTATO
 SPECIALTY SANDWICH: CHICKEN BRUSCHETTA
 DESSERT: PRETZEL TORTE

*Note: The Baked Potato Bar color is dependent on the toppings you select.

Tuesday-

BREAKFAST: HAM AND VEGGIE STRATA
 SOUPS: BEEF NOODLE - CHICKEN ENCHILADA
 FEATURE: SWEET N SOUR CHICKEN
 SIDES: CHICKEN FRIED RICE / SUGAR SNAP PEAS
 SPECIALTY SANDWICH: ITALIAN MEATBALL SUB
 DESSERT: CHOCOLATE DESSERT

Wednesday

BREAKFAST: CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN
 SOUPS: WISCONSIN CHILI - BROCCOLI CHEESE
 FEATURE: HONEY CASHEW SALMON
 PANINI: WMH CLASSIC
 SIDES: VEGETABLE COUSCOUS / YELLOW SQUASH
 DESSERT: MINT BROWNIE

Thursday

BREAKFAST: CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN
 SOUPS: CHICKEN NOODLE - OLD FASHIONED BEAN w/HAM
 FEATURE: BEEF LONDON BROIL
 SIDES: MASHED POTATOES
 CAULIFLOWER BYO SALAD BAR
 SPECIALTY WRAP: CHICKEN BACON RANCH WRAP
 DESSERT: CHOCOLATE CHIP COOKIE BARS



Friday

Breakfast : Scrambled Eggs with Sausage and Cheese
Soups: Vegan Lentil/ Creamy Swiss Onion
FEATURE: BYO CHILI BAR
SIDES CORNBREAD MUFFIN/ WHOLE GREEN BEANS
SPECIALTY SANDWICH BEER BATTERED FISH SANDWICH
DESSERTS: NUTTY PUMPKIN CRUMBLE

Saturday

SOUPS: COOK'S CHOICE
FEATURE: HOT SANDWICH OF THE DAY
SIDES: SWEET POTATO WAFFLE FRIES

Sunday

SOUPS: COOK'S CHOICE
FEATURE: HOT SANDWICH OF THE DAY
SIDES: FRENCH FRIES

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*Nutrition and Food Service Supervisor: Nicci Vande Zande
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