



# KNOW YOUR COLORS

**GREEN**

*Good choice! Eat plenty of these foods.*

**YELLOW**

*Eat these foods in moderation.*

**RED**

*Rarely eat these foods.*

## Waupun Memorial Café

Week of 11/16/2020

### Monday

BREAKFAST: SAUSAGE, EGG AND CHEESE CROISSANT  
SOUPS: TURKEY NOODLE - WISCONSIN CHILI  
FEATURE: CHICKEN ENCHILADA  
SIDES: SWEET POTATO FRIES  
GARDEN BLEND VEGETABLES  
SPECIALTY SANDWICH: BEEF PHILLY CHEESE STEAK  
DESSERT: PUMPKIN BARS

### Tuesday

BREAKFAST: SCRAMBLED EGGS W/BACON AND CHEESE  
SOUPS: BEEF DUMPLING - CREAM OF MUSHROOM  
FEATURE: SWEET CHILI GLAZED CHICKEN BREAST  
SIDES: SMOKED GOUDA AND CHIVE MASHED POTATOES  
SLICED CARROTS  
PANINI: MUSHROOM SOURDOUGH MELT  
DESSERT: Chocolate Cake

### Wednesday

BREAKFAST: MADE TO ORDER WAFFLE  
SOUPS: VEGETARIAN 7 BEAN - CHEESY CAULIFLOWER  
FEATURE: CRAB STUFFED WHITE FISH /LEMON SAUCE  
SIDES: MUSHROOM COUSCOUS RISOTTO  
WHOLE GREEN BEANS  
SPECIALTY SANDWICH: BBQ CHICKEN FLATBREAD  
DESSERT: KIT KAT BARS

### Thursday

Breakfast: Sausage Egg and Cheese English muffin  
Soups: Beer Cheese - Italian Tortellini  
Feature: Pulled Pork Stuffed Sweet Potato  
Sides: Wedges  
Caribbean Blend Vegetables  
Specialty Sandwich: Grilled Rachel  
Dessert: Butterfinger Torte



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## Waupun Memorial Café

### Friday

BREAKFAST:	<b>BACON EGG AND CHEESE BAGEL</b>
SOUPS:	<b>ROASTED ROOT VEGETABLE - CHEESY CRAB</b>
FEATURE:	<b>MUSHROOM RAVIOLI</b>
SIDES:	<b>THYME ROASTED POTATO</b> <b>BRUSSELS SPROUTS WITH CRANBERRIES</b>
SPECIALTY SANDWICH:	<b>BEER BATTERED FISH SANDWICH</b>
PANINI:	<b>TURKEY CLUBBER</b>
DESSERT:	<b>Lemon Cake</b>

### Saturday

SOUPS:	<b>COOK'S CHOICE</b>
SPECIALTY SANDWICH:	<b>HOT SANDWICH OF THE DAY</b>
SIDES:	<b>RANCH POTATO WEDGES</b>

### Sunday

SOUPS:	<b>COOK'S CHOICE</b>
FEATURE:	<b>HOT SANDWICH OF THE DAY</b>
PIZZA:	<b>CHEESE</b>

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.  
(with breakfast 7:30 a.m. to 10 a.m.)*

**Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.**

*Nutrition and Food Service Supervisor: Nicci Vande Zande  
Nutrition and Food Service Director: Donna Van Buren*



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## Waupun Memorial Café Week of 11/23/2020

### Monday

BREAKFAST: **APPLE RAISIN FRENCH TOAST STRATA**  
SOUPS: **CHICKEN NOODLE - CHEESY VEGETABLE**  
FEATURE: **SPICY CAULIFLOWER WRAP**  
SIDES: **POTATO WEDGES/ CORN**  
SPECIALTY SANDWICH: **BYO BURGER BAR**  
DESSERT: **PEANUT BUTTER BARS**

### Tuesday

BREAKFAST: **SAUSAGE EGG AND CHEESE BAGEL**  
SOUPS: **VEGETABLE BARLEY - TURKEY & BLACK BEAN CHILI**  
FEATURE: **BUILD YOUR OWN CHICKEN BURRITO**  
SIDES: **SPANISH RICE**  
**RIVIERA BLEND**  
SPECIALTY SANDWICH: **BBQ PULLED PORK**  
PANINI: **GRILLED TURKEY AND APPLE**  
DESSERT: **Banana Poke Cake**

### Wednesday

BREAKFAST: **BACON EGG AND CHEESE BISCUIT**  
SOUPS: **FRENCH ONION - RED POTATO CHEDDAR**  
FEATURE: **SHRIMP SCAMPI**  
SIDES: **SWEET POTATO FRIES**  
**CAULIFLOWER**  
SPECIALTY SANDWICH: **MONTEREY CHICKEN SANDWICH**  
DESSERT: **HEAVENLY BARS**

### Thursday

**Happy Thanksgiving:**  
**Turkey with Dressing**  
**Mashed Potatoes and Gravy**  
**Buttered Carrots**  
**Roll and butter**  
**Apple or Pumpkin Pie**



## Waupun Memorial Café

### Friday

BREAKFAST: SCRAMBLED EGGS WITH HAM AND CHEESE  
 SOUPS: TOMATO BASIL - TURKEY FLORENTINE  
 FEATURE: CHICKEN ASPARAGUS PENNE  
 SIDES: GARLIC CHEESE BISCUIT  
           BROCCOLI FLORETS  
 SPECIALTY SANDWICH: GROWN UP GRILLED CHEESE  
 DESSERT: PISTACHIO TORTE

### Saturday

SOUPS: COOK'S CHOICE  
 FEATURE: HOT SANDWICH OF THE DAY  
 PIZZA: PEPPERONI PIZZA

### Sunday

SOUPS: COOK'S CHOICE  
 FEATURE: HOT SANDWICH OF THE DAY  
 SIDES: POTATO WEDGES

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