


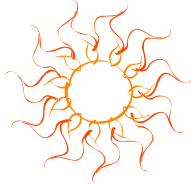
Serenity Circle August 2010

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 9:45 TV Mass 10:45 Current Events/Trivia 3:00 Exercise 6:30 Cards/Dice Games	2 9:45 TV Mass 10:30 Sr. Virginia 3:00 Walking Group 6:30 Games	3 9:45 TV Mass 10:30 Sr. Virginia 3:00 Sing-along 6:30 Volleyball	4 9:45 TV Mass 10:30 Sr. Virginia 1:45 Music Sr. Marianna 6:30 Word Games	5 9:45 TV Mass 10:30 Sr. Virginia <u>3:00 Cookie Social</u> 6:30 Active Game	6 9:45 TV Mass 10:30 Sr. Virginia 3:00 Cards/Dice Games 6:30 Happy Hour	7 10:30 Sing-along 3:00 Nails 6:30 Movie
8 9:45 TV Mass 10:45 Current Events/Trivia 3:00 Exercise 6:30 Cards/Dice Games	9 9:45 TV Mass 10:30 Sr. Virginia 3:00 Walking Group 6:30 Games	10 9:45 TV Mass 10:30 Sr. Virginia <u>3:30 Christian Worship Service</u> 6:30 Volleyball	11 9:45 TV Mass 10:30 Sr. Virginia 1:45 Music Sr. Marianna 6:30 Word Games	12 9:45 TV Mass 10:30 Sr. Virginia 3:00 Ball Toss 6:30 Active Game	13 9:45 TV Mass 10:30 Sr. Virginia 3:00 Cards/Dice Games 6:30 Happy Hour	14 10:30 Sing-along 3:00 Nails 6:30 Movie
15 9:45 TV Mass 10:45 Current Events/Trivia 3:00 Exercise 6:30 Cards/Dice Games	16 9:45 TV Mass 10:30 Sr. Virginia 3:00 Walking Group 6:30 Games	17 9:45 TV Mass 10:30 Sr. Virginia 3:00 Sing-along 6:30 Volleyball	18 9:45 TV Mass 10:30 Sr. Virginia 1:45 Music Sr. Marianna 6:30 Word Games	19 9:45 TV Mass 10:30 Sr. Virginia 3:00 Ball Toss 6:30 Active Game	20 9:45 TV Mass 10:30 Sr. Virginia 3:00 Cards/Dice Games 6:30 Happy Hour	21 10:30 Sing-along 3:00 Nails 6:30 Movie
22 9:45 TV Mass 10:45 Current Events/Trivia 3:00 Exercise 6:30 Cards/Dice Games	23 9:45 TV Mass 10:30 Sr. Virginia 3:00 Walking Group 6:30 Games	24 9:45 TV Mass 10:30 Sr. Virginia 3:00 Sing-along 6:30 Volleyball	25 9:45 TV Mass 10:30 Sr. Virginia 1:45 Music Sr. Marianna 6:30 Word Games	26 9:45 TV Mass 10:30 Sr. Virginia 3:00 Ball Toss 6:30 Active Game	27 9:45 TV Mass 10:30 Sr. Virginia 3:00 Cards/Dice Games 6:30 Happy Hour	28 10:30 Sing-along 3:00 Nails 6:30 Movie
29 9:45 TV Mass 10:45 Current Events/Trivia 3:00 Exercise 6:30 Cards/Dice Games	30 9:45 TV Mass 10:30 Sr. Virginia 3:00 Walking Group 6:30 Games	31 9:45 TV Mass 10:30 Sr. Virginia 3:00 Sing-along 6:30 Volleyball				<i>Activities are subject to change. Please look at the calendar posted on the door.</i>

St. Francis Home August 2010

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 11:30 Mass 5:00 Rosary	2 9:00 AM News 10:00 Yoga AR 3:00 6:45 Art Appreciation AR	3 9:00 Exposition 9:00 A.M. News 10:00 Volleyball 11:15Benediction 3:00 4:30 Music 2 nd 6:30 Toe Tapping Music-SFT Courtyard	4 9:00 Trivia 10:00 Music-N-Motion AR 3:00 Bingo DR1 6:45 Choir Practice Chapel	5 <u>Polka Dot Day</u> 9:00 Music 10:00 Po-ke-no 2:30 Cookie Social DR1 6:45 Activity with Katie AR	6 9:00 A.M. News 10:00 Volleyball 3:00 Birthday Party with Don Sampson DR2	7 9:00 Danny O. Donnell Video 10:00 Fit-N-Fun 11:30 Mass 5:00 Rosary
8 11:30 Mass 5:00 Rosary	9 9:00 AM News 10:00 Yoga AR 10:00 Confessions Chapel 3:00 Cocktail Hour DR1 6:45 Art Appreciation AR	10 9:00 Exposition 9:00 Reminisce 10:00 Volleyball 11:15Benediction 3:30 Christian Worship Service Chapel 4:30 Music 2 nd 6:45 High/Low Cards AR	11 9:00 Trivia 10:00 Music-N-Motion AR 3:00 Bingo DR1 6:45 Choir Practice Chapel	12 9:00 Music 10:00 Po-ke-no 3:00 4:30 Music 1 st 6:45 Activity with Katie AR	13 9:00 A.M. News 10:00 Volleyball 2-4 Pet Visits on 1 st and 2 nd Floor 2:30 VIP Support Group in St. Clare Terrace	14 9:00 Danny O. Donnell Video 10:00 Fit-N-Fun 11:30 Mass 5:00 Rosary 7:00 Packer Game
15 11:30 Mass 5:00 Rosary	16 9:00 AM News 10:00 Yoga AR 10:30 Bible Study SCT 3:00 Cocktail Hour DR2 6:45 Art Appreciation AR	17 9:00 Exposition 9:00 Reminisce 10:00 Volleyball 11:15Benediction 3:00 Red Hats Social AR 4:30 Music 2 nd 6:45 High/Low Cards AR	18 9:00 Trivia 9:45 Music-N-Motion AR 10:30 Christian Worship Service Chapel 3:00 Bingo DR1 6:45 Choir Practice Chapel	19 9:00 Music 10:00 Po-ke-no 2:00 Sheepshead in GP 3:00 4:30 Music 1 st 6:45 Activity with Katie AR	20 9:00 A.M. News 10:00 Volleyball 3:00	21 9:00 Danny O. Donnell Video 10:00 Tai Chi 11:30 Mass 5:00 Rosary 9:00 Packer Game
22 11:30 Mass 5:00 Rosary 	23 9:00 AM News 10:00 Yoga AR 10:00 Confessions Chapel 3:00 Resident Council AR 6:45 Art Appreciation AR	24 9:00 Exposition 9:00 A.M. News 10:00 Volleyball 11:15Benediction 3:00 4:30 Music 2 nd 6:30 Toe Tapping Music-SFT Courtyard	25 9:00 Trivia 10:00 Music-N-Motion AR 3:00 Bingo DR1 6:45 Choir Practice Chapel	26 9:00 Music 10:00 Po-ke-no 3:00 Dice Games AR 4:30 Music 1 st 6:45 Activity with Katie AR 7:00 Packer Game	27 9:00 A.M. News 10:00 Volleyball 3:00	28 9:00 Danny O. Donnell Video 10:00 Fit-N-Fun 11:30 Mass 5:00 Rosary
29 11:30 Mass 5:00 Rosary	30 9:00 AM News 10:00 Yoga AR 2:00 Sheepshead in GP 3:00 Anointing in Chapel 6:45 Art Appreciation AR	31 9:00 Exposition 9:00 Reminisce 10:00 Volleyball 11:15Benediction 3:00 Anointing in Chapel 4:30 Music 2 nd 6:45 High/Low Cards AR	<i>Activities are subject to change. Please check daily schedule posted by each dining room door.</i>	<u>Abbreviations</u> AR=Activities Room DR=Dining room GP=Gathering Place SFT=St. Francis Terrace SCT=St. Clare Terrace VIP= Visually Impaired Person	<u>SFH Chapel</u> Mass Daily 11:30 a.m. TV Channel 8 Rosary Daily 5 p.m. Catholic Mass Sundays 9 a.m. TV Channel 24	<u>Folding towels</u> 8:30 a.m. in Activity Room (not Sundays)

St. Francis Terrace - August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Tending Flowers in Courtyard & Reminisce 11:30 Mass 5:00 Rosary Evening Manicures-2 nd Floor	2 10:00 Yoga 6:30 Game of Choice	3 9:00 Exposition 10:00 Walking Grp 11:15 Benediction 6:30 Lee Alex-Lloyd Gosz Band – SFT Courtyard	4 10:00 Jewelry Club WC 3:00 Bingo SFH DRI 6:45 Choir Practice Chapel	5 <u>Polka Dot Dress-up Day</u> 9:15 Tai Chi & Balance Class WC 2:30 Chocolate Chip Cookie Contest SFH DRI 6:30 Kings in the Corner	6 9:30 Yoga Tape WC 10:30 Tenants Meeting Terrace A DRI 12:30 Birthday Lunch/Terri & Pam 6:30 Cards	7 10:00 Bingo WC 11:30 Mass 5:00 Rosary
8 10:00 Tending Flowers in Courtyard 11:30 Mass 5:00 Rosary Evening Manicures-1st	9 10:00 Yoga WC 10:00 Confession 11:00 Lunch Outing/Terri 6:30 Movie “Milo & Otis”	10 9:00 Exposition 10:00 Walking 11:15 Benediction 3:30 Christian Worship service Chapel 6:30 Cards	11 10:00 Crafts 2 nd Floor Studio 3:00 Bingo SFH DRI 6:45 Choir Practice Chapel	12 10:00 Bingo WC 2:30 Food Meeting WC 6:30 Kings in the Corner	13 9:30 Yoga Tape WC 10:30 Spiritual Reflection/Pam WC 2:30 VIP Group SCT 6:30 Game of Choice	14 10:00 Trivia 11:30 Mass 5:00 Rosary
15 10:00 Tending Flowers in Courtyard & Reminisce 11:30 Mass 5:00 Rosary Evening Manicures-2 nd Floor	16 10:00 Yoga WC 10:30 Bible Study SCT 2:00 7 up-7 down (New Card Game) 6:30 Cards	17 9:00 Exposition 10:00 Walking Grp 11:15 Benediction 6:30 Games of Choice	18 9:30 Yoga Tape WC 10:30 Christian Worship Service Chapel 3:00 Bingo SFH 4:00 Supper Outing & Buttermilk Creek Concert/Terri 6:45 Choir Practice Chapel	19 9:15 Tai Chi & Balance Class WC 2:00 Sheepshead GP 6:30 Kings in the Corner	20 9:30 Yoga Tape WC 6:30 Movie “Ma & Pa Kettle Back on the Farm”	21 10:00 Bingo WC 11:30 Mass 5:00 Rosary
22 10:00 Tending Flowers in Courtyard 11:30 Mass 5:00 Rosary Evening Manicures-1st Floor	23 10:00 Yoga WC 10:00 Confession 2:00 Kelly’s Country Creamery/Terri 6:30 Cards	24 9:00 Exposition 10:00 Walking Grp 11:15 Benediction 6:30 Lighthouse Big Band SFT Courtyard	25 10:00 Crafts 2 nd Floor Studio 3:00 Bingo SFH DRI 6:45 Choir Practice Chapel	26 10:00 Bingo WC 6:30 Kings in the Corner	27 9:30 Yoga Tape WC 6:30 Game of Choice	28 10:00 Trivia 11:30 Mass 5:00 Rosary
29 10:00 Tending Flowers in Courtyard & Reminisce 11:30 Mass 5:00 Rosary Evening Manicures-2 nd	30 10:00 Yoga WC 2:00 Sheepshead GP 3:00 Anointing Chapel 6:30 Cards	31 9:00 Exposition 10:00 Walking Grp 11:15 Benediction 3:00 Anointing Chapel 6:30 Games of Choice		St. Francis Terrace events in GREEN St. Francis Home events in RED St. Clare Terrace events in BLACK		Abbreviations: WC-Wellness Center DR1-Dining Room 1 st Floor GP-Gathering Place SFH – St. Francis Home SCT-St. Clare Terrace

Outings
August 9 - Lunch Outing 11:00
August 18 - Supper Outing & Buttermilk Creek Concert 4:00
August 23 - Kelley's Country Creamery
 If interested in going, please contact Terri in Activities

Activities are subject to change. Please check weekly schedule on DR tables

St. Francis Home – Chapel
 Daily Mass 11:30 am
 (Available on TV Channel 8)
 Daily Rosary 5:00 pm